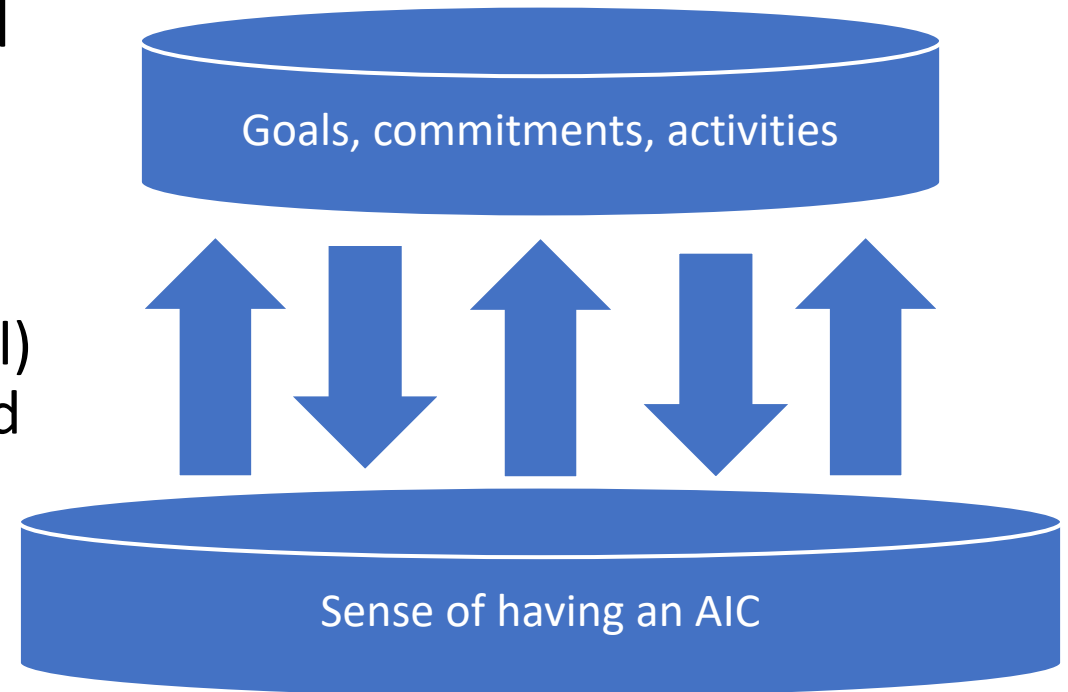


Some Reflections about the AIC

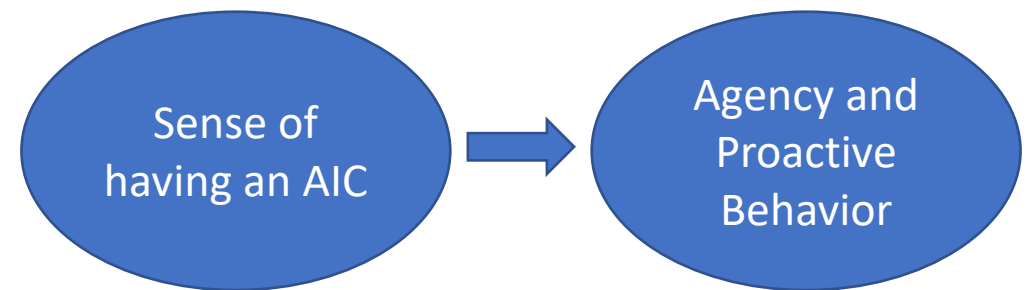
What I like about the AIC

- It provides more depth to SDT-based research on high-quality motivation and identity formation
 - What is it exactly we identify with during autonomously regulated activities?
 - How do we achieve (horizontal and vertical) integration between different activities and roles in life?
 - What does it mean to adopt autonomous identity commitments?



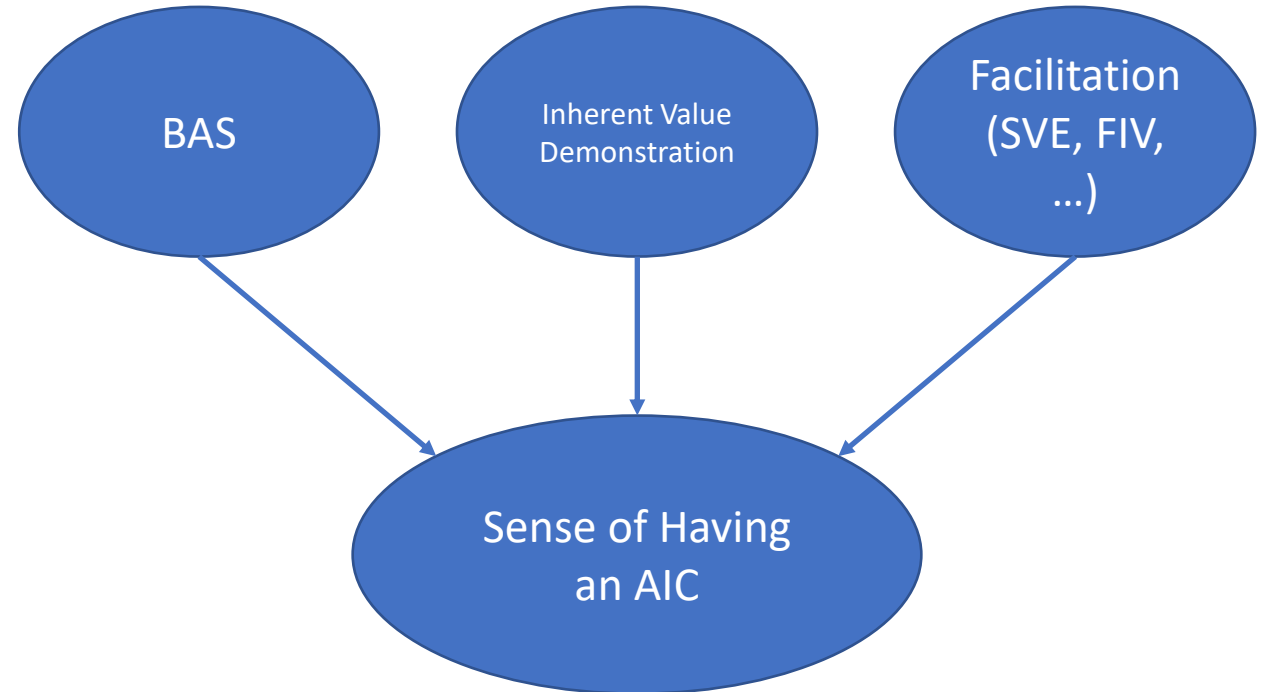
What I like about the AIC

- In the future it can inform research on individuals' proactive nature and their ability to shape their own environment:
 - Agentic engagement (Reeve, 2013)
 - Need crafting (Laporte et al., 2021)
 - Responses to need-thwarting conditions (Flamant et al., 2020)



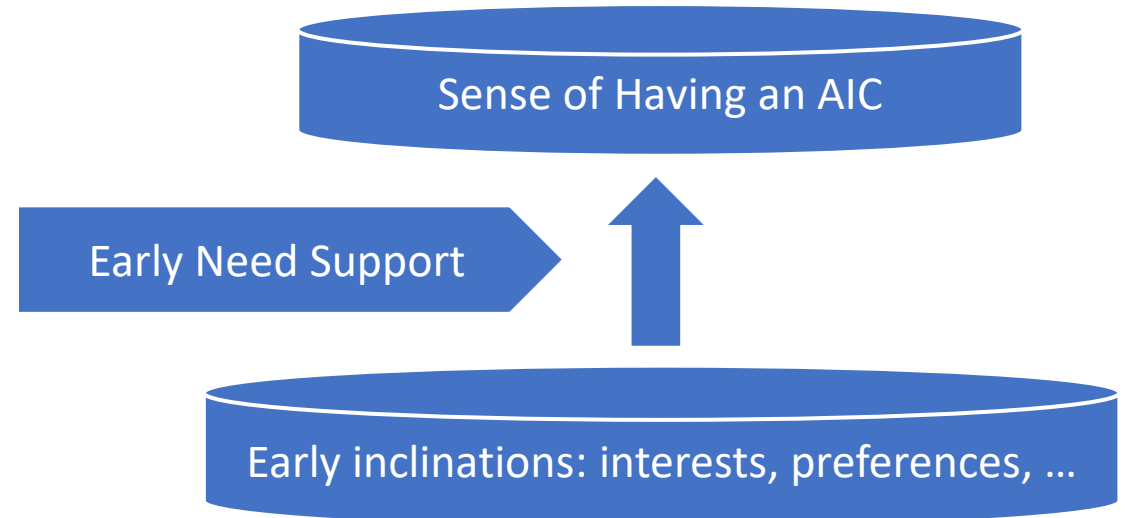
What I like about the AIC

- This concept has led us to rethink and think more deeply about the role of socialization in autonomy
- There is more to autonomy-support than parental perspective-taking and provision of choice



What I like about the AIC

- What does support for the AIC look like in early childhood?
 - In addition to BAS (e.g., Bernier et al., 2010)
 - **Mirroring** the child's interests and preferences
 - Can be contrasted with a conditionally approving parental attitude (unrealised dreams)

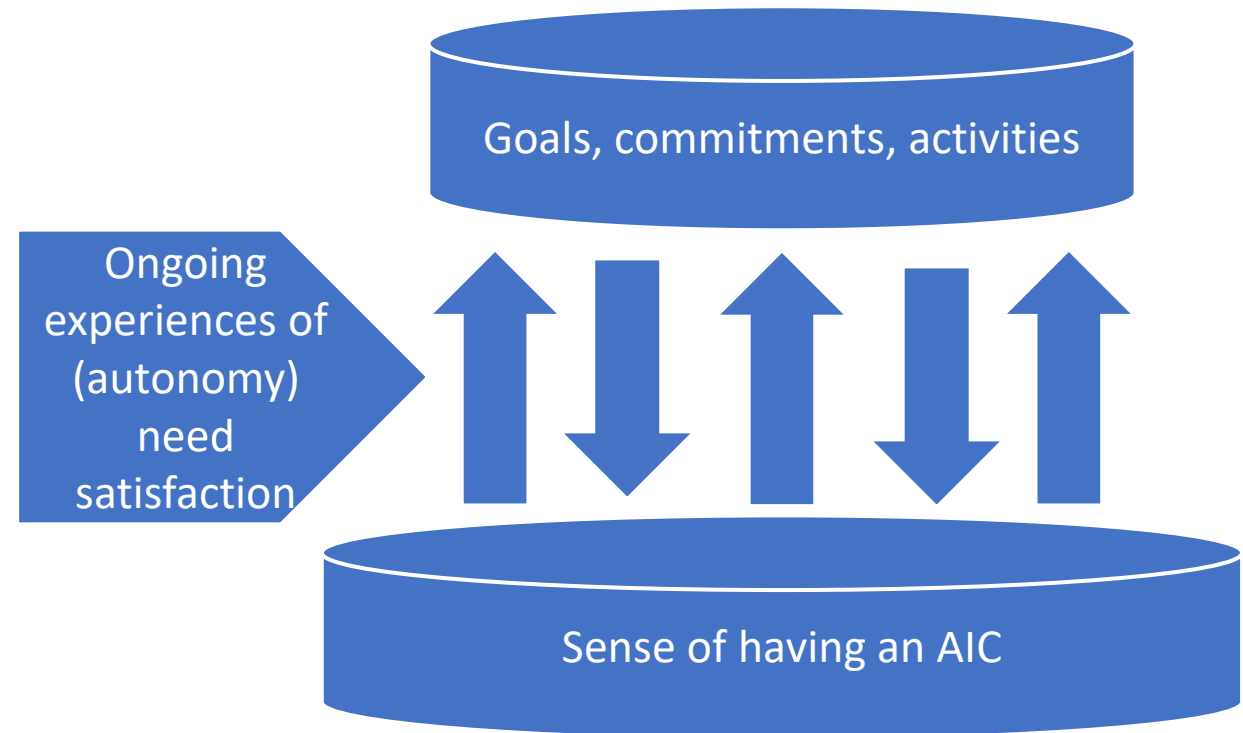


Open questions/risks associated with the notion of the AIC

- The risk of reification
 - It is not a single structure in the psyche
 - It is basically a subjective experience rather than a tangible structure, let alone a specific area in the brain
 - It is somewhat dynamic rather than entirely set in stone
- As a consequence
 - The sense of having an AIC should be developed rather than merely discovered
 - The sense of having an AIC should not be equated with an individualistic focus on oneself

Open questions/risks associated with the notion of the AIC

- Is the sense of having an AIC part of the need for autonomy?
 - Experientially different (more stable and fundamental than experiences of volition and authenticity)
 - Perhaps we could say that experiences of autonomy need satisfaction **derive from** and **inform** the sense of having an AIC through continuous feedback loops?



Enjoy the seminar!